

# Mogadore HS- Cafe of the Day

January 2018

Mon	Tue	Wed	Thu	Fri
1 Winter Break	2 Winter Break	3 Chicken Tenders and Dutch Waffle in a Basket Salad Bar with Assorted Vegetables Buttered Cinnamon Carrots Seasonal Fresh Fruit Daily Fruit Cups Daily Fruit Juice Sliced Apples Orange Juice Fat Free Milk 1% Lowfat Milk Chocolate Milk Variety of Condiments Cheesy Garlic Croutons	4 Philly Cheesesteak Sub Sandwich Salad Bar with Cheese & Assorted Vegetables Curly Fries Seasonal Fresh Fruit Daily Fruit Cups Daily Fruit Juice Banana Tropical Fruit Fat Free Milk 1% Lowfat Milk Chocolate Milk Variety of Condiments	5 Popcorn Chicken and Mashed Potato Bowl Salad Bar with Assorted Vegetables Steamed Corn Seasonal Fresh Fruit Daily Fruit Cups Daily Fruit Juice Fruit Cocktail Baked Cinnamon Apples Mini Cornbread Loaf Fat Free Milk 1% Lowfat Milk Chocolate Milk Variety of Condiments
8 Bosco Sticks- Pizza Stuffed Breadsticks Bosco Sticks - Cheesy Breadstick Buttered Green Beans Salad Bar with Assorted Vegetables Seasonal Fresh Fruit Daily Fruit Cups Daily Fruit Juice Diced Peach Cup Applesauce Fat Free Milk 1% Lowfat Milk Chocolate Milk Variety of Condiments	9 Salisbury Steak Creamy Mashed Potatoes Steamed Corn Salad Bar with Cheese & Assorted Vegetables Strawberry Cup Seasonal Fresh Fruit Daily Fruit Cups Daily Fruit Juice Pineapple Tidbits Wholesome Banana Bread Fat Free Milk 1% Lowfat Milk Chocolate Milk Variety of Condiments	10 Chicken Tenders and Dutch Waffle in a Basket Tyson Chicken Nuggets with Honey Roll Salad Bar with Assorted Vegetables Buttered Cinnamon Carrots Salad Bar with Cheese & Assorted Vegetables Potato Salad Diced Pears Seasonal Fresh Fruit Daily Fruit Cups Daily Fruit Juice Fresh Apple Sliced Apples Orange Juice Saltine Crackers Cheesy Garlic Croutons Fat Free Milk 1% Lowfat Milk Chocolate Milk Variety of Condiments Cheesy Garlic Croutons	11 Hot & Spicy Breaded Chicken Sandwich Buffalo Chicken Dipper Nachos Breaded Chicken Sandwich Bush's Fiesta Black Beans Tomato Salad Bar with Cheese & Assorted Vegetables Curly Fries French Fries Romaine Lettuce Seasonal Fresh Fruit Daily Fruit Cups Daily Fruit Juice Banana Tropical Fruit Red Grapes Fruit Cocktail Fat Free Milk 1% Lowfat Milk Chocolate Milk Variety of Condiments	12 Big Daddy Pepperoni Pizza Popcorn Chicken and Mashed Potato Bowl Buttered Cinnamon Carrots Salad Bar with Assorted Vegetables Steamed Corn Seasonal Fresh Fruit Daily Fruit Cups Daily Fruit Juice Fruit Cocktail Mandarin Oranges Baked Cinnamon Apples Watermelon Applesauce Cup Mini Cornbread Loaf Fat Free Milk 1% Lowfat Milk Chocolate Milk Variety of Condiments
15 MLK Day	16 Beef Taco Meat Bush's Fiesta Black Beans Romaine Lettuce Fresh Diced Tomato Bush's Fiesta Black Beans	17 BBQ Rib Bacon Cheese Sandwich Baked Beans Salad Bar with Assorted Vegetables Seasonal Fresh Fruit	18 Bacon Cheeseburger Hamburger with Bun Cheeseburger Baked Potato Smiles Salad Bar with Cheese & Assorted Vegetables	19 Buffalo Chicken Macaroni and Cheese with Garlic Toast Macaroni and Cheese with Popcorn Chicken with Garlic Toast Cinnamon Maple Carrots

Salad Bar with Cheese & Assorted Vegetables  
Seasonal Fresh Fruit  
Daily Fruit Cups  
Daily Fruit Juice  
Pineapple Tidbits  
Mandarin Oranges  
Tortilla Chips  
Fat Free Milk  
1% Lowfat Milk  
Chocolate Milk  
Sour Cream  
Variety of Condiments  
Shredded Cheddar Cheese

Daily Fruit Cups  
Daily Fruit Juice  
Sliced Apples  
Mixed Berries  
Fat Free Milk  
1% Lowfat Milk  
Chocolate Milk  
Variety of Condiments  
Cheesy Garlic Croutons

Seasonal Fresh Fruit  
Daily Fruit Cups  
Daily Fruit Juice  
Banana  
Tropical Fruit  
Fat Free Milk  
1% Lowfat Milk  
Chocolate Milk  
Variety of Condiments

Salad Bar with Assorted Vegetables  
Seasonal Fresh Fruit  
Daily Fruit Cups  
Daily Fruit Juice  
Applesauce  
Fruit Cocktail  
Fat Free Milk  
1% Lowfat Milk  
Chocolate Milk  
Variety of Condiments

## 22

Buffalo Glazed Chicken Drumstick  
Salad Bar with Assorted Vegetables  
Potato Wedges  
Seasonal Fresh Fruit  
Daily Fruit Cups  
Daily Fruit Juice  
Applesauce  
Diced Peach Cup  
Pillsbury Split Top Biscuit  
Fat Free Milk  
1% Lowfat Milk  
Chocolate Milk  
Variety of Condiments

## 23

Golden Crispy Boneless Wings  
Salad Bar with Cheese & Assorted Vegetables  
Steamed Corn  
Strawberry Cup  
Seasonal Fresh Fruit  
Daily Fruit Cups  
Daily Fruit Juice  
Pineapple Tidbits  
Nickles Split Top Dinner Roll  
Fat Free Milk  
1% Lowfat Milk  
Chocolate Milk  
Variety of Condiments

## 24

Savory Broccoli and Cheese Bread Bowl with Crunchy Garbanzo Topping  
Salad Bar with Assorted Vegetables  
Baby Carrots  
Seasonal Fresh Fruit  
Daily Fruit Cups  
Daily Fruit Juice  
Fat Free Milk  
1% Lowfat Milk  
Chocolate Milk  
Variety of Condiments

## 25

Chicken Bacon Sandwich  
Salad Bar with Cheese & Assorted Vegetables  
California Blend Veggies  
Seasonal Fresh Fruit  
Daily Fruit Cups  
Daily Fruit Juice  
Fruit Cocktail  
Apple Juice  
Fat Free Milk  
1% Lowfat Milk  
Chocolate Milk  
Variety of Condiments

## 26

Big Daddy Pepperoni Pizza  
Big Daddy Cheesy Pizza  
Salad Bar with Assorted Vegetables  
Potato Roasters  
Fruit Cocktail  
Seasonal Fresh Fruit  
Daily Fruit Cups  
Daily Fruit Juice  
Applesauce  
Fat Free Milk  
1% Lowfat Milk  
Chocolate Milk  
Variety of Condiments

## 29

Italian Pepperoni Calzone  
Meatball Sub  
Salad Bar with Assorted Vegetables  
California Blend Veggies  
Seasonal Fresh Fruit  
Daily Fruit Cups  
Daily Fruit Juice  
Diced Peach Cup  
Applesauce  
Fat Free Milk  
1% Lowfat Milk  
Chocolate Milk  
Variety of Condiments

## 30

Beef Taco Meat  
Romaine Lettuce  
Fresh Diced Tomato  
Bush's Fiesta Black Beans  
Salad Bar with Cheese & Assorted Vegetables  
Seasonal Fresh Fruit  
Daily Fruit Cups  
Daily Fruit Juice  
Pineapple Tidbits  
Mandarin Oranges  
Flour Tortilla 6"  
Fat Free Milk  
1% Lowfat Milk  
Chocolate Milk  
Sour Cream  
Variety of Condiments  
Shredded Cheddar Cheese

## 31

Chicken Tenders and Dutch Waffle in a Basket  
Salad Bar with Assorted Vegetables  
Buttered Cinnamon Carrots  
Seasonal Fresh Fruit  
Daily Fruit Cups  
Daily Fruit Juice  
Sliced Apples  
Orange Juice  
Fat Free Milk  
1% Lowfat Milk  
Chocolate Milk  
Variety of Condiments  
Cheesy Garlic Croutons

## 1

Philly Cheesesteak Sub Sandwich  
Salad Bar with Cheese & Assorted Vegetables  
Curly Fries  
Seasonal Fresh Fruit  
Daily Fruit Cups  
Daily Fruit Juice  
Banana  
Tropical Fruit  
Fat Free Milk  
1% Lowfat Milk  
Chocolate Milk  
Variety of Condiments

## 2

Popcorn Chicken and Mashed Potato Bowl  
Salad Bar with Assorted Vegetables  
Steamed Corn  
Seasonal Fresh Fruit  
Daily Fruit Cups  
Daily Fruit Juice  
Fruit Cocktail  
Baked Cinnamon Apples  
Mini Cornbread Loaf  
Fat Free Milk  
1% Lowfat Milk  
Chocolate Milk  
Variety of Condiments

Warning: the data contained within this report cannot be used for and does not provide menu planning or medical treatment for anyone with a medical condition, dietary restriction or food allergy. Use of the services to provide menu planning or medical treatment for anyone with a medical condition, dietary restriction or food allergy is a violation of the terms of this service. Any subscriber planning for or treating medical conditions, dietary restrictions or a food allergy must consult a medical professional for assistance. Trans fat values are provided for information purposes only, not for monitoring purposes.